

BISHOPSTOWN
COMMUNITY SCHOOL



ADULT EDUCATION EVENING COURSES

Classes begin from the 27th of January 2025

MONDAY

Sound Therapy & Meditation

Hayley Power invites you to reset and get set for the week ahead by using meditation and crystal sound bath tools to encourage the body and mind to align therefore encouraging peace of mind and a positivity of thought, all necessary elements to achieve a successful week in work and in life.

7.00-8.00pm €75

Beginner's Bridge

6.30-8:30pm €90

Scrabble

Be part of Bishopstown's Scrabble Club-all players welcome.

7.00-8.30pm €30

Continuation of Introduction of ISL

8.00-9:00pm €70

NEW!!! Upcycle your Kitchen

Learn DIY your way to your dream home with this course. You will learn to improve your kitchen with all the best and basic knowledge to paint and create a new living space that can be applicable to all areas of your home.

7:30-8:45pm €90

Senior Pilates

4.45-5:45pm €60

Pilates Improvers

5.45-6:45pm €70

Photography with David

6.45-8:45pm €90

Sharper Brains - An Alzheimer's Prevention Initiative

This course provides a basis for carers and individuals alike who seek to work and understand Alzheimer's disease or other forms of dementia in later life.

6.30-8.00pm €70

TUESDAY

Beginner's Guitar Lessons 8 weeks

7:15 -8:30pm €75

Cricket (CrickHIIT)

6:30-7:30pm €30

Hockey

7:30-8:30pm €30

Boxing

8:30-9:30pm €30

WEDNESDAY

Improver's Bridge Course

2:30-4:30pm €90

Wine Tasting & Appreciation Course

A WSET accredited training course to enable you to understand the fundamentals of wine, from how to buy good wine to serving it by O'Briens Wines manager Paul Fox. It can facilitate anyone who seeks work in hospitality and have a globally recognized accreditation.

7.00-8:45pm €90

Sharper Minds

Alzheimer's Preventative Course.

7.00-8:45pm €85

Spanish for Improvers

6:30-8:00pm €70

Conversational French Course

7:00-8:00pm €70

TEG Irish Language Learning

This course is aimed at those who aim to sit TEG Meánleibhéal 1 (B1) scheduled for May 2025, a requirement for the PME in primary education. A proficiency in Irish is required in order to commence this course.

6.30-8.30pm €325
(instalment option available)

Digital Marketing and Social Media Course

This is a course designed to facilitate learners with the knowledge and practical skills to plan, execution and understand effective digital marketing strategies in 2025 for small business or personal use.

6.30-8:00pm €70

More info available at
www.bishopstowncs.ie/adult-education
Phone: 0852829409